TFA Situations: T slips

When preparing, you can add more if you'd like -- and give blanks. Depending on the size of your group, you can make several copies of these, cut them into strips, and then add more strips when needed during your POP-UP Festival.

Tip: Print each page (Thoughts, Feelings, Actions) on different colors of paper.

Thoughts

They are mean	They are bad	They are nice
They are smart	They are not smart	They are not fair
I can do this	I can't do this	I am being nice
I am being mean	I am right	I am wrong
They can't do this	They can do this	This is hard
This shouldn't be so hard	This is fun	I am learning

TFA Situations: F slips

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Feelings

Shy	Disappointed	Insignificant	Caring / Loving
Anxious	Annoyed	Overwhelmed	Calm
Lost	Critical	Lonely	Confident
Worried	Angry	Sad	Curious
Frightened	Boiling	Defeated	Joyful
Terrified	Explosive	Miserable	Thrilled

TFA Situations: A slips

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Actions

Get quiet	Get loud	Say mean words	Say nice words
Fix the problem	Do what I'm told	Not do as I'm told	Listen
Not listen	Tell someone else	Ask for help	Call names
Give a hug	Smile	Frown	Cry
Shout	Hit	Stomp my foot	Hide
Laugh	Say a fake "sorry"	Say a real "sorry"	Try again

TFA Situations: TFA Situation Cards

When preparing, you can add more if you'd like -- and give blanks.
Depending on who is coming to your festival, you can change these, or choose the situations that will relate more to your audience.

I broke or lost one of my favorite toys (things) My TFAs Other Ways to TFA	**I was lost and didn't know where to go** My TFAs Other Ways to TFA
I thought someone was being unfair to me My TFAs Other Ways to TFA	**I broke or lost one of my favorite toys (things)** My TFAs Other Ways to TFA
I told my child to do homework and they did not obey me My TFAs Other Ways to TFA	**My parent told me to do homework and I did not want to** My TFAs Other Ways to TFA
I told my child to do clean up or do chores and they disobeyed My TFAs Other Ways to TFA	**My parent said I had to do chores but I did not want to** My TFAs Other Ways to TFA
Our child was breaking our rules by my husband/wife/partner was too tolerant My TFAs Other Ways to TFA	**My husband/wife/partner was overreacting to our child's behavior** My TFAs Other Ways to TFA
Our child was arguing or fighting with another child (or sister / brother) My TFAs Other Ways to TFA	**I was fighting with another child (or sister / brother)** My TFAs Other Ways to TFA

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Our child was criticized by a teacher or another parent My TFAs Other Ways to TFA	**My child's grandparent or aunt or uncle was spoiling my child** My TFAs Other Ways to TFA
Our child lied to us My TFAs Other Ways to TFA	**I lied to my parent(s)** My TFAs Other Ways to TFA
I thought my child or spouse was criticizing me My TFAs Other Ways to TFA	**I thought my parent was criticizing me** My TFAs Other Ways to TFA
I made a special meal / activity and it was not appreciated My TFAs Other Ways to TFA	**I am doing the jobs around the house and others are not doing theirs** My TFAs Other Ways to TFA
I am tired and I just want to relax but my parent / child / spouse is not letting me My TFAs Other Ways to TFA	**I have TOO much to do and not enough time to get everything done** My TFAs Other Ways to TFA
I want to have my friends come over and play but my parent said I can't My TFAs Other Ways to TFA	**Other kids are having fun but I am not included** My TFAs Other Ways to TFA

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It appears that other children are not including my child in their games / activities My TFAs Other Ways to TFA	**I don't have any close friends here but I have to come to this event** My TFAs Other Ways to TFA
There are children in the class who are breaking the rules My TFAs Other Ways to TFA	**The school / teacher has unfair rules** My TFAs Other Ways to TFA
I did not get a good grade or got critical feedback My TFAs Other Ways to TFA	**My child did not get a good grade or got critical feedback** My TFAs Other Ways to TFA
I (or my team) lost the game My TFAs Other Ways to TFA	**My child (or child's team) lost the game** My TFAs Other Ways to TFA
Write your own: My TFAs Other Ways to TFA	Write your own: My TFAs Other Ways to TFA
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This page may be more appropriate for older children or teens

My friends did something dangerous My TFAs Other Ways to TFA	**I did not have enough food to eat** My TFAs Other Ways to TFA
I was with a person who made me feel unsafe or uncomfortable My TFAs Other Ways to TFA	**People did not listen to my ideas** My TFAs Other Ways to TFA
I do not look the way I am supposed to look My TFAs Other Ways to TFA	**I hurt by someone who is supposed to protect me** My TFAs Other Ways to TFA
I took drugs or used alcohol in a way that's illegal or unsafe My TFAs Other Ways to TFA	**I was desperate for money** My TFAs Other Ways to TFA
Someone was pressuring me to behave in ways that I don't feel comfortable with My TFAs Other Ways to TFA	**Someone in power asked me very personal questions that I did not think were appropriate** My TFAs Other Ways to TFA
My friend was intoxicated but they were supposed to drive me My TFAs Other Ways to TFA	**I stole something** My TFAs Other Ways to TFA

I was attracted to someone who I am "not allowed" to be with My TFAs Other Ways to TFA	**I asked a question and a teacher / person in authority refused to answer** My TFAs Other Ways to TFA
I was pressured to do something dangerous My TFAs Other Ways to TFA	**I cut or hurt myself on purpose** My TFAs Other Ways to TFA

TFA Situations: Blank TFA Situation Cards

Write your own: My TFAs Other Ways to TFA	Write your own: My TFAs Other Ways to TFA
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