POP-UP FESTIVAL

EQUCD Festival Handout - Feeling Walk Situations

Feel free to customize the situations to suit your audience. They are intentionally "neutral" so people can have contrasting feelings about each situation.

Spending time alone	Going to a party with lots of people
Doing a really complicated project	Having a LOT to do
Making a presentation	Cuddling with a bunny
Holding baby	Climbing a mountain
Going really FAST	Diving deep underwater
Defending an idea you care about	Talking intensely about a topic
Doing nothing for hours	Sleeping in 'till 10:00 am
Competing with others	Playing a team sport
Dancing	Singing
Having many people look at you	Having no one look at you