POP-UP FESTIVAL

unicef WORLD CHILDREN'S DAY

Perspective Taking

Situation 1:
Your family gets a dog as a pet.

Situation 2:
You are at your friend's house for dinner and his mom cooks a delicious beef stew.

Situation 3:
You are going to the doctor's office to get your medicine.

Situation 4:
You get a blueberry double chocolate cake for your birthday.

Situation 5:
You are outside on the playground with your friends, but it's too hot and sunny. There is no shade, and you are very sweaty and tired. Your friends want you to run around and play with them.

(Hint: Do not say "I feel hot and tired." What **emotions** do you feel?)

source POP-UP Festival 6sec.org/popup

This activity is brought to us by our friends at Empatico.